

Recreating Parenthood

7000 SW Hampton St., Ste. 125, Tigard, OR 97223 - (503) 545-8452 - recreatingparenthood@gmail.com

Joshua M. Ziegler, MA, OBLPCT Registered Intern (R4759) PROFESSIONAL DISCLOSURE STATEMENT

Philosophy and Approach:

My hope is that we will enter into a therapeutic relationship that initiates a collaborative process of respectful conversation about the specific changes you want to make in your life, your children's lives and the lives of your family. Our work together may include conversations about past and/or present circumstances as well as your hopes and expectations for the future. My goal is to help you identify and reach your therapeutic goals at a pace and within the timeframe we determine at the beginning of our therapeutic relationship. Our work is intended to be *brief*, meaning not more sessions than are needed to achieve your therapeutic goals.

Recreating Parenthood is a private practice serving communities in the greater Portland metro area. Services at Recreating Parenthood support our mission by providing the highest quality of therapeutic services to parents, children, and families.

I believe sessions at their most positive are creative, practical, enriching, challenging, and helpful. I believe maximum therapeutic benefit occurs by encouraging the acknowledgment of taking personal responsibility and choice. My therapeutic work integrates systemic theories, personal learning and experience, continuing education, and individualized techniques whether working with an individual, a couple, family members, group or a system unrelated except by organization and will focus on what is going well in your life and what is not. As a systems-trained Intern, the focal point of our work may involve your patterns in relationships, your responses to life, your interactions with others, what you value and the meaning you attribute to your attitudes and behavior.

Formal Education and Training:

Recreating Parenthood is staffed by licensed clinicians, and registered interns who are supervised by American Association of Marriage & Family Therapy Approved Supervisors. Clinicians, Interns and Supervisors are members of the American Association for Marriage and Family Therapy (AAMFT) or the American Counseling Association (ACA) and will abide by their association's code of ethics.

I am a registered intern with the state Board of Licensed Professional Counselors and Therapists (R4759). I earned a Master of Art's degree in Marriage, Couple and Family Counseling (MA) from the Graduate Department of Counseling at George Fox University. Major course works completed include Clinical Internship, Principles & Techniques of Counseling, Psychopathology, Personality and Counseling Theory, Social and Cultural Foundations, Group Theory and Therapy, and Professional Orientation. In addition, I have completed coursework in Family Therapy, Couples Therapy, Child-parent Relationship Therapy (CPRT), Play Therapy, Sandtray Therapy and Grief and Loss Across Lifespan.

Clinical Supervision:

I am required to participate in a minimum of 2-3 hours a month in supervision which includes a concentration in treatment planning. I am currently under the supervision of John F. Deihl (T0062). Supervisors abide by their respective national Board's Code of Ethics, the State of Oregon laws, statutes, regulations and rules. Oregon Board of Professional Counselors and Family Therapists participate in 40 hours of continuing education every two years to maintain their license and be in good standing with the Oregon licensure board.

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Sliding Scale Fees:

<u>Service Provided</u>	<u>Cost</u>
15-30 Minute Phone Consultation	Free
Individual Therapy Session (50 minutes)	\$150-150
Parent/Child Session (50 minutes)	\$150-150
Family Therapy Session	\$150-150
Documentation Support (per hour)	\$150-150
Group Therapy Session	\$40

Recreating Parenthood is committed to provide psychotherapy services to all members of our community, regardless of their ability to pay our standard fees. The sliding scale fee will be determined prior to our first session. In addition, a limited number of Client Scholarship Rates are available to help individuals, couples or families whose circumstances would otherwise prevent them from seeking psychotherapeutic services.

Payment is required at the beginning of each session. Clients are financially accountable for scheduled sessions when the appointment is not cancelled with 24-hour notice.

As a client of Recreating Parenthood you have the following rights:

1. To expect that Interns & licensed Supervisors have met the minimal qualifications of training and experience required by state law;
2. To examine public records maintained by the Board and to have the Board confirm credentials of Interns and licensed Supervisors;
3. To obtain a copy of the Code of Ethics of the Oregon Board as well as the Supervisor's national associations;
4. To report complaints to the Board;
5. To be informed of the cost of professional services before receiving the services;
6. To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
 - a) Reporting suspected child abuse;
 - b) Reporting imminent danger to client or others;
 - c) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies;
 - d) Providing information concerning licensee case consultation or supervision; and
 - e) Defending claims brought by client against licensee;
7. To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

Oregon Board of Licensed Professional Counselors and Therapists

3218 Pringle Rd SE #120

Salem, OR 97302-6312

(503) 378-5499

<http://www.oregon.gov/oblpc/Pages/index.aspx>

Recreating Parenthood affirms that this Professional Disclosure Statement (PDS) is distributed to every client and that all content in the PDS is accurate.

Client Signature / Date

Client Signature / Date

Therapist Signature/Date

Rev. 8/18